

# FORSYTH COUNTY DEPARTMENT OF PUBLIC HEALTH

## Programs and Services

336-703-xxxx

[https://www.co.forsyth.nc.us/HHS/contact\\_us.aspx](https://www.co.forsyth.nc.us/HHS/contact_us.aspx)

Program Name	Contact / phone #	Description	Requirements	Costs
NC Minority Diabetes Prevention Program Region 3	Sharon Roberts - 3219	NC MDPP is a free, year-long diabetes prevention program. Designed for participants who are pre-diabetic or have risk factors for developing diabetes, this program encourages lifestyle changes such as healthy eating, meal planning, physical activity and overcoming barriers to reduce the risk of type 2 diabetes. Sessions are led by trained Lifestyle Coaches and follow a CDC-approved curriculum.	Adults who qualify through health screening	\$0.00
BeHealthy School Kids	Alexandria Gillis - 3217	A community-based nutrition and exercise program that provides interactive educational programs and materials at various locations in the community including title 1 elementary schools, libraries, churches, and summer camps to help prevent obesity and other preventable non-communicable diseases.	Program is intended to serve school-aged children.	FREE
Care Management for at Risk Children (CMARC)	Cecilia West - 3242	Care Management for at Risk Children (CMARC) is an at-risk population management program that serves children from birth to 5 years of age who meet certain risk criteria; such as has been diagnosed with developmental delays or disabilities, long term illness and/or social and emotional disorders	Children with special health care needs, Children in foster care and in need of a medical home, Children living in stressful situations and Children who are high cost/ high users of health care services	FREE
Clinics - Family Planning	Vacant - 3321 Angela Mitchell - 3295 Nicole Spencer - 2612	The Family Planning clinic offers individuals comprehensive family planning and preventive health services. Including a wide variety of contraceptives methods. Contraceptive education, supplies, and services are provided to those wanting and needing them. Low-income families are	Everyone	Sliding scale fee

		given priority.. All services are confidential. An adolescent clinic is available for teens and interpreters are also provided for non-English speaking clients.		
Clinics - Immunizations	Michelle Spann - 3317	Immunizations for children and adults	Public	Varies, no cost to children with Medicaid or no insurance
Clinics - STD	Michelle Spann - 3317	Provides examinations, diagnostic testing, and treatment of STDs. HIV counseling and testing is also offered.	Public	FREE
Clinics - TB	Vacant - 3312 Pam Burch - 3311	The Tuberculosis Control Program provides diagnostic testing, case management, directly observed therapy and contact investigations for individuals with Active Tuberculosis. The clinic also provides diagnostic testing and treatment for individuals with Latent Tuberculosis Infection.	Resident of Forsyth County	FREE
Coalitions - Forsyth Adolescent Health	Au'Shonna Langley - 3269	FAHC is a grassroots initiative of concerned professionals, paraprofessionals, and volunteers that advocate for and develop concrete approaches to address the health needs of our community's adolescents, especially related to teen pregnancy prevention and support of pregnant and parenting teens.	This Coalition is open to all community members.	FREE
Coalitions - Healthy Corner Store Network	Katelyn Johnson - 3267	Coordinates and implements community based interventions that address poor nutrition, health equity, food access, and promotes/advocates for policy initiatives related to food security. Research funding opportunities to support the health department's work around food security as well as develop/maintain relationships and increase the number of retail venues that meet the NC Healthy Food Retail Designation. Support the "Take What You Need Program" from produce harvested	The HCSN was created because of the problem of Food Deserts in Forsyth County. Forsyth County comprises many geographical areas that are considered a "Food Desert or Distressed Community" Many people in our community have to travel more than 1-10 miles from their homes to get to a large grocery store or supermarket.	FREE

		from the community garden which support the corners stores with free produce to distribute to the community. Increase/maintain community venues providing access to healthy foods.		
Coalitions - Infant Mortality Reduction	Jasmine Harris - 3260	The Forsyth County Infant Mortality Reduction Coalition is a group of concerned citizens, organizations, and institutions working together to prevent infant deaths. We recognize that promoting women's health before women become pregnant is the best long-term way to work for healthy mothers and babies in our community.	Professionals and community members - open to anyone in Forsyth County.	FREE
Communicable Disease (CD)	Maura Trimble - 3241	The CD team investigates reports of communicable disease received from physician's offices, labs, schools, daycares, food establishments and long term care facilities and reports the findings to the state.	Public	None
Preventive Dental Health	Mashica J. Tobias - 3377 Deborah Massenburg- 3204	An oral education and screening program that provides non-clinical, preventative dental health services, including oral health assessments and referrals, to children in Winston/Salem Forsyth County elementary schools and local preschool facilities.	Program is intended to serve pre-school and elementary school aged-children; however, hygienists may consult with community members to provide dental resources.	
Cleveland Avenue Dental Center	Kia Smalls - 3095 Kate Stanton - 3101	Dental clinic providing preventive and restorative dental services including cleanings, sealants, fillings, extractions, dentures, and palliative care for children and adults.	Patients accepted on a monthly basis depending upon capacity. Referrals from other FCDPH programs should mention referral source.	Fee for service, Medicaid, Ameritas, Sliding Fee
Community Nutrition Education	Kerry Leonard - 3215	A community-based nutrition program that provides interactive educational programs and materials at various locations in the community including schools, libraries, local housing communities, health fairs, churches, and summer camps.	Everyone in Forsyth County and employees.	FREE

Baby Safety (Cribs for Kids)	Yolanda Cereceres - 3194	In these classes, participants learn how to create a safe sleep environment and reduce their babies' risk of SIDS, as well as how to select and install the correct car seats for their children. The class can be completed in person or online, and it is offered in English and Spanish.	Education is available to anyone who takes care of or will take care of an infant	FREE
Family Planning Health Education	Felicia Moore - 3340	Family Planning Health Education is intended to help plan pregnancies, prevent unintended pregnancies, reduce infant mortality, improve health, reduce health care costs, and help build a better future for women, men and children. Counseling services are offered in the Family Planning Clinic.	Forsyth County resident	FREE education; sliding fee scale for clinical services
Healthy Beginnings	Chaquea Atkinson - 3206 Araceli Barcenas - 3183 Sharon Nwanna - 3391	Healthy Beginnings is a free case management program focusing on minority women of childbearing age and their families (including partners) living in Forsyth County. Healthy Beginnings provides a support system throughout pregnancy and during the first two years of their child's life. Families will receive one-on-one care management to help make the pregnancy and the beginning years with their child a healthy, enjoyable experience.	Forsyth County resident.  Pregnant or less than 60 days postpartum  Program is focused on minority women.	FREE
Healthy Start Triad Baby Love Plus	LaSonya Tuttle - 3189 Derrick Allen - 3186 Rodericka Moore - 3188 Bonita Murphy - 3247	Home visiting case management and educational services provided by Social Workers and field outreach workers. Preconceptional, prenatal, and postpartum women, and fathers/male partners are served until the infant is 18 mos old. Educational outreach is provided for families between the ages of 15-44 and their community support systems. The goal of the program is to improve birth outcomes and the health of women of reproductive age.	Forsyth County resident. Case management services are focused on African-American women, ages 15-44.	FREE
Interpreter and Translation Services	Patricia Luna - 3329 Abby Abarca Rebolgar-3177	Spanish Interpreters are available on site. Spanish translations in health education,		FREE

	Arlene Acevedo -3179 Lesly Guerrero -3263 Rocio Forrest -3178 Rasalinda Olivares -3283 Sandra Lazo -3176	assisting Nurses in home visits, EH, DH and various programs in the Health Department.		
Hispanic Liaison Program	Reina Rodriguez - 3145 Josefina Acosta-Herrera - 3147	Hispanic Liaison is the bridge between the Hispanic community and the departments, programs and organizations within Forsyth County government and establish relationships with partner organizations outside of Forsyth County Government. Hispanic Liaison has the mission to establish collaborative ties and maintain communication with Hispanic community, leaders, businesses; also, educate and inform the community about resources to keep the good health and avoid illnesses and disease.	Public	Free
Childbirth Education	Chaquea Atkinson - 3206	These classes help participants prepare for the third trimester of pregnancy, labor and delivery of their baby, and postpartum life. These online classes are free-of-charge, and they are available in English, Spanish, Portuguese, French, German, Arabic, Japanese, and Chinese.	Forsyth County resident. Expectant mother and support person.	FREE online classes
Jail Health	Valerie Stewart 336-813-1349	Contractually monitors the jail medical provider and communicable disease in the county jail.		
Nurse-Family Partnership	Christine Wanous - 3190	Nurse home visiting program for first-time pregnant women.	First pregnancy. Early in pregnancy- must enroll before 28 weeks. If they qualify for Medicaid or WIC, they qualify for NFP. If in doubt, refer and we will check income with them. Forsyth County resident.	FREE
Occupational Health	Michelle Spann - 3317	Provide OSHA required medical services to county employees.	Must be a county employee.	
POSSE (Prevent Ongoing Spread of	Tayla Ford-Gardner - 3181 Keyla Lewis-Flemming-3212	An HIV and STI testing and education outreach program that provides free HIV	Anyone 12 and older who is sexually active and or a former or	FREE

STIs Everywhere)	Jasmine Wilson - 3213 Rithy Vang - 3232	and STI screenings, condoms, risk-reduction counseling, and education services at various non-traditional locations in Forsyth County including (but not limited to) colleges and universities, homeless shelters, public housing communities, substance abuse facilities, federally qualified healthcare facilities, and correctional facilities. Provide PrEP education and referrals.	active IV drug user.	
Care Management for High Risk Pregnancies (CMHRP)	Carolyn Moolhuyzen - 3243	CMHRP focuses on improving birth outcomes through reducing the rate of preterm and low birthweight births. OB Care Managers (OBCMs) are made up of RN's & SW's who use a holistic, person-centered approach to meet the needs of the patient. OBCMs communicate regularly with the prenatal care provider about the patients' progress toward goals, as well as current needs and issues that may impact clinical care. OBCMs have regular face to face interactions with patients.	Pregnant women with a risk factor and eligible for Medicaid or will be eligible for emergency Medicaid.	FREE
Prenatal Parenting	Chaquea Atkinson - 3206	These online classes are designed especially for soon-to-be parents but are also relevant for any family with a baby under one year old. Participants learn skills to help them raise a healthy, thriving baby through topics such as basic infant care, breastfeeding, nutrition, immunizations, birth control after baby, and more. These classes are free-of-charge, and they are available in English, Spanish, Portuguese, French, German, Arabic, Japanese, and Chinese.	Forsyth County resident.  Expectant parent/caregiver OR parent/caregiver of infant under 1 year	FREE
School Health	Brooke Hamby - 3274	School health services for the WSFCS system, which includes all school aged children and children with special needs. Program goals are to promote optimum	All children qualify.	None

		student health in order to facilitate effective education and positive student outcomes.		
Stepping Up (Managed by Behavioral Health Services Division)	Amber Humble - 2606	<p>SUPER - The Stepping Up Process to End Recidivism program focuses on women who are incarcerated in the Forsyth County Detention Center. SUPER provides screening, transition planning, support, and case management to women who have mental health or substance use disorders. The goals of SUPER are to link participants to all identified resources, successfully graduate participants one year post-release, and reduce the likelihood of participants returning to the criminal justice system.</p> <p>MHC - Mental Health Court - is a special type of court that links eligible participants to treatment and support services that help them better manage their mental illness. The goals of the MHC are to help offenders address their mental health treatment needs and keep them out of the criminal justice system.</p>		FREE
Flourish Adolescent Health Program	Au-Shonna Langley - 3180	Flourish is a pregnancy prevention program, for young girls, that focuses on providing age-appropriate education on peer pressure, bullying, female anatomy, and healthy relationships. It is designed to help increase self-esteem and self-awareness in preteen and teen females. Transportation is provided.	Teens will be transported to the Health Department for classes/educational sessions and to the summer events. Permission of parent/guardian is required.	FREE
Unify Adolescent Health Program	Au-Shonna Langley - 3180	UNIFY is a co-ed, both male and female, teen group. The UNIFY program is also a pregnancy prevention program that focuses on female/male anatomy, consent, birth control, STD/STI, and other topics related to sexual health. UNIFY goes more in depth compared to Flourish and aims to educate and inform teens on sexual health. Transportation is provided.	Teens will be transported to the Health Department for classes/educational sessions and to the summer events. Permission of parent/guardian is required.	FREE

Men's Health Program	Stanley Howard - 3366	The Men's Health Program is a male-based community outreach program helping men become more knowledgeable of chronic diseases and prevention. This program focuses on chronic illness and other health topics such as nutrition, physical activity, mental health and strengthening father and son relationships.	Forsyth County men.	FREE
M3- Motivating Males on the Move	Stanley Howard - 3366 Au'Shonna Langley - 3180	M3 is a support program for young boys designed to provide age appropriate education on male development, sexual health, decision making, and healthy relationships. Transportation is provided.	Teens will be transported to the Health Department for classes/educational sessions and to the summer events. Permission of parent/guardian is required.	FREE
Transportation	Robin Lester - 3269 <u>Transportation Assts:</u> Debbie Hutton - 3273 Kysha Rooks - 3187	Transportation services are provided to individuals receiving health department services or other appointments as determined by public health case managers and other program staff. Transportation for health department related classes and groups is also provided.	Forsyth County residents receiving services or participating in programs offered by the Forsyth County Department of Public Health. Health Department staff request transportation services. Clients cannot request this directly.	FREE
WomanWise (Breast and Cervical Cancer Prevention Program) and WISEWOMAN Project	Stefanie Ramsey - 3196	Provides breast and cervical screening to uninsured women in Forsyth county by providing pap smears and screening and diagnostic mammograms when indicated. Education on breast health and testing for HPV. WISEWOMAN includes screening for blood pressure, weight and lab work with lipid panel and glucose. There is a health coaching component.	Forsyth County resident Ages 40- 75 250% poverty level Free Uninsured/ or only Family Planning Medicaid Undocumented residents accepted	



<p>Women, Infant and Children (WIC)</p>	<p>Mayte Grundseth - 3333 Appointment line - 3336</p>	<p>Federally-funded health and nutrition program for women, infants and children. WIC helps families by providing checks for buying healthy supplemental foods from WIC-authorized vendors, nutrition education, breastfeeding support, and help finding healthcare and other community services.</p>	<p>Forsyth County resident Pregnant, breastfeeding, or post-partum mother; and infants and children up to 5 years old Family income less than 185% of the U.S. Poverty Income guidelines OR receiving Medicaid, Food Stamps, or Work First Families Assistance Complete and meet qualifications for a nutritional risk assessment</p>	<p>FREE</p>
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*Update 8/30/23-B.A.*