Women of Childbearing Age and Children Avoid Fish High in Mercury OCEAN FISH

FRESHWATER FISH



Bowfin



Wild catfish



Chain Pickerel



Warmouth



Largemouth bass

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Almaco Jack



Banded rudderfish



Canned white tuna



Cobia



Crevalle jack



Greater amberjack



Grouper



King mackerel



Ladyfish



Little tunny



Marlin



Orange Roughy



Shark



Spanish mackerel



Swordfish



Tilefish



Tuna